SEAS: Scientific Exercise Approach to Scoliosis Level 1 Course for Physical Therapists and PT Assistance

With Michele Romano and Alessandra Negrini- the Italian National Rehabilitation Directors of ISICO (Italian Scientific Spinal Institute)

22.5 CEU (contact hours) Provided

Practical training for treating patients with scoliosis

DATES:
Monday, May 20 - Wednesday, May 22, 2019

HOSTED BY:
SchrothNYC.com and Hunter College Physical Therapy Department.

ADDRESS:
425 East 25th Street – PT Department New York, NY 10010. United States
COURSE DESCRIPTION:

- Understand background of SEAS (Scientific Exercise Approach to Scoliosis) approach and the underlying scientific principles.
- How to perform the clinical and postural evaluation of the scoliosis patient.
- Learn how self-correction is performed for different types of deformities: thoracic, thoracolumbar, lumbar, double curve, hyperkyphosis; correlation with the radiographic and postural evaluation, as well as on observed asymmetries.
- Learn how to manage the cognitive-behavioral approach to patient and family
- Understand the role of exercises within the SEAS approach, and the criteria used to choose them for an individualized treatment plan.
- Goals of exercises in the different treatment phases: no brace, brace, adult

PROGRAM

MONDAY (9:00-6:00PM)
- Review of scoliosis pathomechanics
- Bracing
- SEAS approach
- Assessment - theory and hands-on practice

TUSDAY (9:00-6:00PM)
- Active Self-Correction - theory and hands-on practice
- Scoliosis manager - internet application
- Exercises - theory and hands-on practice

WEDNESDAY (8:30-5:00PM)
- Active Self-Correction and exercises
- Theory and hands-on practice
- Clinical practice with patients

PRICE (Check addressed to: Hagit Berdishevsky):
$850 per person early registration prior to March 1st, 2019; $900 after March 1st, 2019. Cancellation policy: Full return prior to March 1st, 2019; 50% return prior to April 15th, 2019; no return after April 15th, 2019
REGISTRATION:
Please send your application (see below) with the above fee to:

Hagit Berdishevsky
16 East 96th Street #1B
New York, NY 10128
Email: hagitberdi@gmail.com

SEAS LEVEL 1 COURSE APPLICATION

PRICE (Check addressed to: Hagit Berdishevsky):
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Cancellation policy: Full return prior to March 1st, 2019; 50% return prior to April 15th, 2019; no return after April 15th, 2019

NAME: ___________________________________________

PROFESSION: ___________________________________________

STREET ADDRESS: __________________________________________

CITY, STATE, ZIP: __________________________________________

PHONE NUMBER: __________________________________________

FAX (opt): __________________________________________

EMAIL: __________________________________________

PREVIOUS EXPERIENCE WITH TREATMENT OF SCOLIOSIS:
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